Naturopathic Suggestion
A natural diet, consisting of raw meats and plenty of vegetables as a healthy alternative for crushing’s disease in dogs. There are various diets available that help balance the metabolism to support a normal relationship between the adrenal glands and the rest of the dog's systems. Also, since a build up of corticosteroids ultimately damages your canine crushing’s disease stricken dog's immune system, you can get diets consisting mostly of antioxidants to combat tumors and strengthen immune systems with one fell swoop.

Cushing’s syndrome "hyperadrenocorticism" is a common occurrence in middle-aged and older dogs. Both Cushing’s syndrome and Cushing’s disease are characterized by the same problem – elevated levels of cortisol in the blood. Cushing’s disease, however, is different from Cushing’s syndrome, in one aspect. While Cushing’s syndrome may refer to high levels of cortisol caused for any reason, Cushing’s disease refers particularly to high level of cortisol caused due to a pituitary problem.

The three commonly known causes of Cushing’s syndrome are:
- Pituitary tumor
- Adrenal hyperplasia iatrogenic (drug-induced), especially steroid use. (a common cause)
- Homeopathy is quickly becoming a preferred alternative to conventional treatments for Cushing’s syndrome, mainly because pharmaceutical drugs create a more complicated problem than the disease itself in many cases. This occurs mainly due to the serious side effects of conventional medication used to cure Cushing’s. Homeopathic remedies, unlike conventional drugs, are devoid of side effects.

Pets that are chronically over-secreting cortisol are considered to be immunosuppressed. They can develop an infection anywhere in their bodies – wherever there is a weak link. Infections of the gums, eyes, ears, skin and the urinary tract are common.

... See treatments for this using natural medicines alternative to the chemical drugs (antibiotics). Eg. HAMPL DrawingOut16 drops (teeth, gums infection clearing) with Oral Herbal Mouth Rinse if bleeding gums.
HAMPL Cystitis formula and HAMPL Herbal Infection Fighter (herbal antibiotics) etc.

If your dog has recurrent infections or an infection he can’t seem to get rid of, it’s possible too much cortisol is to blame. It’s very rare for cats to develop Cushing’s.

In the canine population, there are certain breeds that are more genetically predisposed to the disorder including (other than old age dogs):
- All type of Terriers (eg. Silkies, Yorkies, Bull terriers and Boston terriers)
- Poodles
- Dachshunds
- American Eskimo dogs / Spitz

Symptoms of Cushing’s
Cortisol is a diverse hormone, which means in excessive amounts it creates a whole host of diverse symptoms. Most dogs have a few, but not all of the symptoms of the disorder unless diagnosis comes very late in the course of the disease.

The symptoms most commonly seen in dogs with beginning Cushing’s include:
- Increased thirst and urination (which can lead to the symptom of incontinence)
- Increased panting (day or night)
- Weight gain in the abdominal area, in spite of a reduction in calories
- Possible thinning of skin and change in the pigment of skin in different areas - from pink to grey or even black; bruising in some cases.
- Hair loss or thinning.
- Irritability or restlessness

(restlessness and poor sleep from night restlessness you can safely give your dog the natural supplement called Melatonin - hormone)
MELATONIN Capsules (brand NOW FOODS) natural sleep hormone. (DON’T use the liquid Melatonin)

Typically

- **a dose of 3 mg (1 cap)** is given 12hrs twice a day for dogs under 30 lbs;
- **a dose of 6 mg (2 caps)** is given 12hrs (twice a day) for dogs over - 30 lbs.

- Open cap and add powder to food or dilute in some goats milk or water and oral syringe it.
- Use it for no longer than two weeks. Then rest from it. Not really good to give long term ongoing without breaks inbetween.

**Melatonin** is well absorbed through the saliva, if you can open the capsule and add powder to a little liquid and oral dose half an hour or so before bed time. Better than giving a tablet that needs to go through the gut which is less effective and as it is processed through the liver, best to avoid that.

Many humans take 3mg (more or less) as well for a good night’s sleep. If you need to try this ask your doctor to get the compounding pharmacy to make this in type of lozenge called “Troche” can get any flavour desired or liquid form. Starting at a low dose of either 4mg, 3mg or 2mg etc and sometimes you may need less and then other times needing to up the amount.

**NB.** They are also excellent for Chronic Fatigue patients, sleep apnoea and pets or humans that snore. They person stops snoring and sleep apnea and fatigue person wakes up refreshed like they have had a great nights less. Australian residence will need to see their doctor for a prescription for Melatonin at 4mg. Ask for it in Troche which is best absorbed. A compounding pharmacy will make this for you. You can break the Troches in 1/4s or halves depending on size of pet and requirements.

If needing extra help can also use the AN262 (1) HAMPL Cognitive Support 100ml herbal drops added to sardine mixture will further assist your dog if very agitated, nervous and restless. Quickly assists your dog to relax and sleep well again

**AN178 - HAMPL Heat Exhaustion 178 30ml drops** (great lassitude, headaches)
These drops is often needed for Cushing's patients.

Much less common are symptoms of **rear limb weakness and blood clots**.

Cushing’s syndrome is so incredibly diverse because every inch of your pet’s body contains cortisol receptors. Because of this, it is often the immunosuppressive aspect of the disease that prompts the first vet visit.

If, for example, your pet has a **recurrent urinary tract infection** or one that she can’t get rid of, along with one or two other symptoms – perhaps thinning skin or a developing pot bellied appearance, or **high liver enzymes** (liver disease) you should ask your veterinarian about Cushing’s disease as a possible cause.

Then / or Alternatively start natural immune support now and see the difference, as vets often see Cushing’s dogs get misdiagnosed as having a liver disease.

**As the liver** of an animal with hyperadrenocorticisms gets overtaxed from trying to process the excess cortisol in circulation throughout the body. This causes an elevation in the liver enzyme **alanine aminotransferase (ALT)** and the inducible liver enzyme, **alkaline phosphatase (ALP)**.

It isn’t uncommon for vets to stop looking once they see the **elevated liver enzymes** and diagnose **liver disease** when the problem is actually Cushing’s. Or some vets may just say their dog is stressed from previous events. But the symptoms are quite clear. Good health can be obtained using a complete support system that will feed the adrenal glands and works assisting the balancing of hormones, supporting endocrine, nervous system and glands naturally and gently.